



Republic of the Philippines  
**Department of Education**  
REGION VI – WESTERN VISAYAS  
**SCHOOLS DIVISION OFFICE OF SILAY CITY**

DEPED - SILAY CITY  
**RELEASED**  
DATE: APR 12 2023  
LOG. NO. \_\_\_\_\_  
SIGNATURE: *[Signature]*  
TIME: *Ed:06*

April 12, 2023

**DIVISION MEMORANDUM**

No. 120, s. 2023

**PAPER CUTS: DRAWING THE LINE AT DEADLINE SYMPOSIUM**

To: OIC-Assistant Schools Division Superintendent  
Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors  
Public Secondary School Heads  
All Others Concerned

- Attached is the invitation letter from Paula Mae Estrañero Villarosa, a Silay City Scholar on her Senior Project Advocacy which centered on Academic Pressure-Driven Suicide Prevention among students. The Senior Project in cooperation with the Schools Division of Silay City will conduct **Paper Cuts: Drawing the Line at Deadline Symposium** on **April 26, 2023, from 8:30 am to 12:30 pm** at the venue to be announced.
- Participants in this activity are the **Supreme Student Government (SSG) Presidents, Vice-Presidents, PIOs, Teacher-Advisers, High School Guidance Counselors/Designates, and Project Development Officers I.**
- Snacks will be provided on the day of the activity. Kindly secure the student's parental consent and waiver. SSG Teacher-Advisers are requested to enlist participants on this link: <https://tinyurl.com/PaperCutsPax> until April 21, 2023.
- The schools are also encouraged to play on their PA systems the **Mind Mosaic** radio segment during either the flag ceremonies or recess time. It is a five-part mindfulness exercise that hopes to reduce the anxiety and stress of students. Here is the link: <https://tinyurl.com/mindmosaic>
- Minimum health and safety protocols set by IATF on wearing masks and practicing social distancing must be observed during the distribution of tablets.
- For queries and concerns, please contact **Lily Grace T. De La Serna** and/or **Nerissa P. Balinas, Project Development Officer I** via messenger.
- Immediate dissemination of this Memorandum is desired.

*[Signature]*  
**SALVADOR O. OCHAVO JR. EdD, CESO V**  
Schools Division Superintendent

Encl: None  
Reference: Invitation Letter from Paula Villarosa dated April 12, 2023  
To be indicated in the Perpetual Index  
under the following subjects:

ASSEMBLY

EDUCATION

LEARNERS

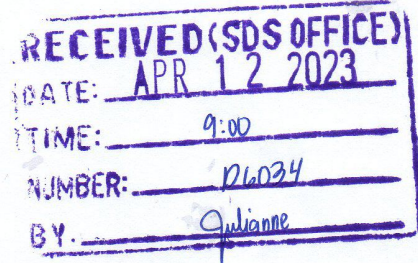


Rizal St., Brgy. III, Silay City, Negros Occidental  
Website: [www.depedsilaycity.weebly.com](http://www.depedsilaycity.weebly.com)  
Email Address: [deped.silay@deped.gov.ph](mailto:deped.silay@deped.gov.ph)  
Facebook Account: <https://www.facebook.com/DepEdSilayCity>  
Contact Number: Admin 4417153/ 458-4396/ HR 458-4401/ SGOD 458-4402/CID 458-4406/



April 12, 2023

**SALVADOR O. OCHAVO JR., EdD, CESO V**  
Schools Division Superintendent  
Silay City, Negros Occidental



Dear Sir Ochavo:

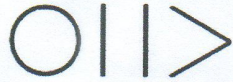
Greetings in St. La Salle!

I would like to invite your school to be part of, *paper cuts*, a Senior Project advocacy centered on Academic Pressure-Driven Suicide Prevention among students and institutions of Silay. The **Senior Project**, under **Dr. Jade Snow Dionzon**, is the culmination and amalgamation of our entire journey as Communication students in the University of St. La Salle. It shall consist of multimedia outputs that shall uphold and promote our advocacy of choice in the ultimate goal of effecting change and development in the communities we shall be targeting. The campaign is community practice-driven and would only affect the impact it envisioned through the participation and cooperation of the community it targets to benefit which would be those of 15 to 24 year olds [as they are the most susceptible to suicide triggers, ideation, and acts related or stimulated by pressures in school and the landscape of the current education system of the country].

The project will run from **March to May 2023**, to be led by the scholars of the city in its starter in the said months. Eventually, I hope to keep it as the Silay City Scholars' Corporate Social Responsibility—a way for us to give back to the city that has put us to school and help us live the lives we had hoped. Mainly I will need your school's participation for the following:

- Playing of Mind Mosaics (5 weeks starting from the last week of March, one episode for week; two-minute mindfulness radio exercises to be played during the breaks of the students on the busiest day of the school weeks as determined by the school)
- Playing of Values Ad entitled one too many cuts [in monitors of schools (ONLY IF AVAILABLE) on April 10 to 14]
- Participation of five (5) participants in the *paper cuts*: drawing the line at deadline symposium on **April 26, 2023 (8:30AM to 12:30PM; VENUE TBA)**
  - School Government Moderator/Adviser
  - A Guidance Counselor or Guidance Designate
  - The President, Vice President, and the PIO of student governments

You may contact me via email address ([s1920094@usls.edu.ph](mailto:s1920094@usls.edu.ph)) or on mobile (**09480098258**) if you have concerns, queries,



COMMUNICATION SOCIETY USE



BACOLOD



or to schedule a sit-down discussion about the project and your school's role in fulfilling its goals and aspirations. Thank you and may God bless you!

Respectfully yours,

**PAULA MAE ESTRANERO VILLAROSA**

Liberal Arts and Commerce student, *Silay City Scholar*

University of St. La Salle, Bacolod City

**NOTED BY:**

**CHRISTINE LOURDES P. LABAYEN, RGC**

Consultant, *paper cuts*

Lead Proponent for RACE Against Suicide, *Philippine Guidance and Counseling Association, Inc.*

- *Negros Occidental Guidance and Counseling Association, Inc. (PGC-NOGCA)*

**JADE SNOW C. DIONZON, DComm**

Professor, Senior Project

BA Communication Department Chairperson, University of St. La Salle